



First Day of School: Checklist

Welcome to Learn, Play and Grow Preschool! We kindly ask that you ensure your child is equipped with everything they need to be as comfortable as possible at school. Please be sure to have the following supplies **LABELED** for the start of their school year. We ask that you send items in a backpack or large bag that can be sent home daily.

- 1 Gallon Ziploc bag with extra set of clothes that includes **AT LEAST** (can send more):
 - Shirt/top (weather-appropriate)
 - Pair of pants/shorts
 - Pair of socks
 - Change of underwear
 - Extra pair of shoes in case of accidents
- 1 Pack of Diapers & Diaper rash cream (if your child is not potty-trained)
- 1 Pack of Baby Wipes
- Refillable water bottle
- 1 Earthquake Kit
- 1 Carton of Milk (if your child drinks milk; **NO NUT MILKS PLEASE**)
- 7:00-6:00, 8:00-3:00 schedules only:
 - Lunchbox with nutritious lunch, snacks, and ice pack if necessary*
 - Blanket, pillow, and a standard cot sheet (for students who stay for nap time)
 - Alternative cot-sheets exist, which include a blanket and pillow
 - Google search “standard cot sheets for daycare” for options (23” x 51”)
 - Bedding is sent home at the end of each week to be washed (or every other week for those students who only come 2 days per week)

Reminder to send your child to school in **CLOSED-TOED, CLOSED-BACK** shoes for safety reasons.

Please label EVERYTHING that is sent to school, including jackets and water bottles.

***Lunch Tips:**

* Our school is a **NUT-FREE facility**. We kindly ask that you do not pack ANY nuts, nut butters, or anything containing nuts for the safety of those children with severe nut allergies. Sunflower butter is fine, but please notify your child’s teacher that you sent sunflower butter as it looks like peanut butter.

* We encourage you to pack nutritious snacks for your children so they may have the proper energy and nutrients to learn, play, and grow with us. We kindly ask that you pack fruits and veggies, and other natural options and stay away from artificial sugars and snacks.